



SEQUOIA

December 2018 Lunch Menu

MON 3 Pasta "sorrentina" Veal hachè, spinach <i>M1/M2 field trip</i>	MON 10 Pasta with white sauce Chicken scaloppina, salad	MON 17 <i>Christmas Carols</i> Pasta with potatoes Baked cutlet, salad
TUE 4 Pasta with lentils Cheese, carrots	TUE 11 Pasta with peas Turkey slices, fennel	TUE 18 <i>Christmas Carols</i> Pasta with tomato sauce Ricotta, spinach
WED 5 Riso with sauce Chicken, potatoes	WED 12 Pasta with broccoli Sausage, mashed potatoes	WED 19 <i>Christmas Carols</i> Minestrone with rice Cod filet , carrots
THU 6 Cream of vegetable soup with croutons Fish fingers, salad	THU 13 Rice with spinach Cod bites, carrots	THU 20 <i>Christmas Carols</i> Pasta with zucchini Meatballs, green beans
FRI 7 Broth with pastina Omelette, green beans	FRI 14 Pasta bolognese Fiordilatte, tomatoes	FRI 21 <i>Christmas Lunch</i>

School provides a daily snack of fruit

Buon Natale!

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